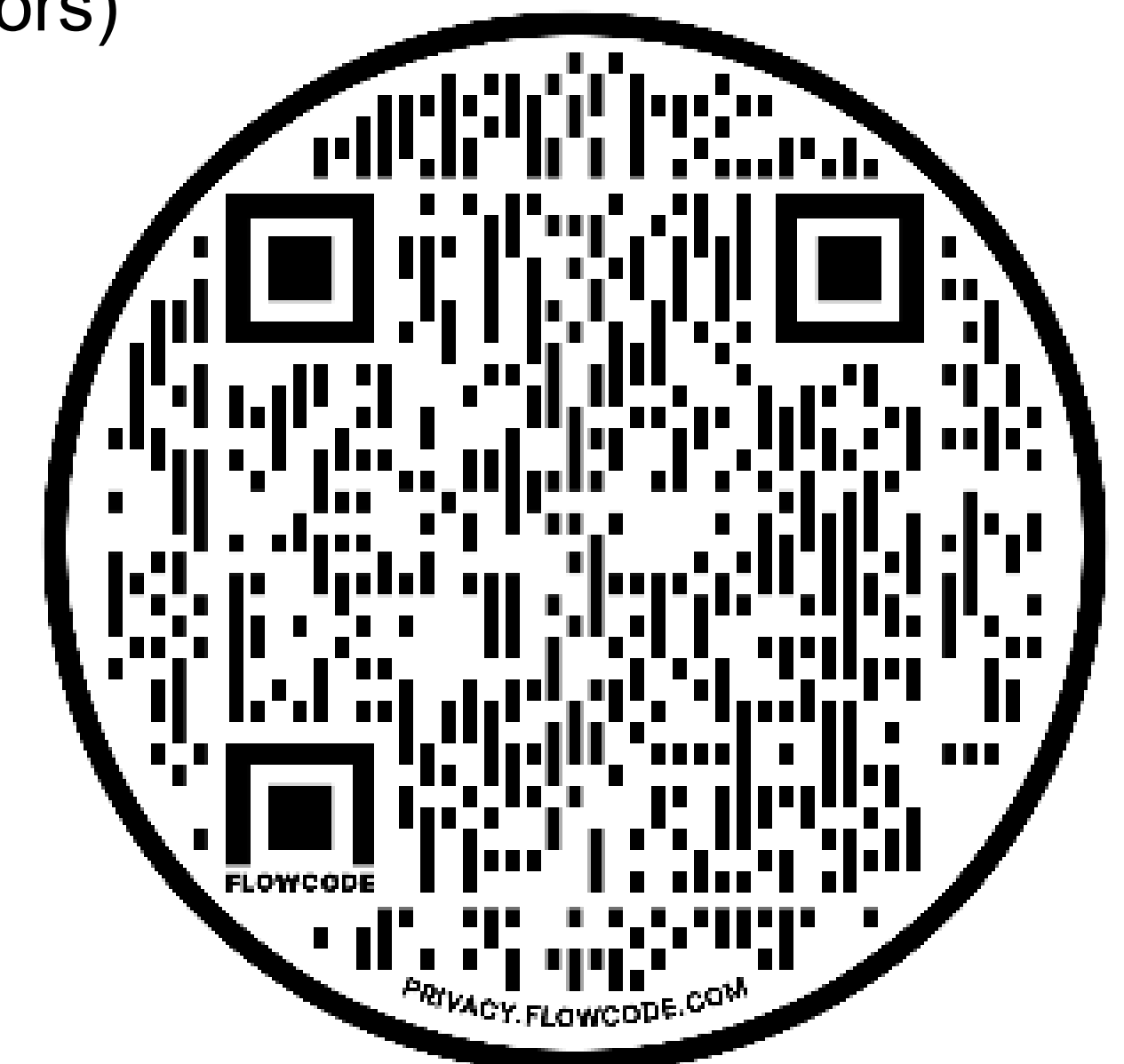




# 41st ANNUAL OKLAHOMA INVITATIONAL TAEKWONDO HANMOOKWAN CUP CHAMPIONSHIP



<div>PRESENTED BY: Grandmaster Won’s Taekwondo</div> <div>SPONSORED BY: U.S. Central Taekwondo Association World Taekwondo Han Moo Kwan Federation</div> <div>TOURNAMENT DIRECTOR: Great Grandmaster In Hui Won</div> <div>REFEREE CHAIRMAN: Grandmaster Seung Hwan Kim</div> <div>ASSISTANT DIRECTOR: Grandmaster John Carpenter</div> <div>Tournament Coordinators: Heather Bergseth, Amy Bergseth</div> <div>Medical Personnel: Grandmaster Lindy Salas</div>	<div>POOMSAE &amp; KYORUGI DIVISIONS</div> <div><div><div>Tots (4-5) Red &amp; Brown Blue &amp; Purple Green Yellow &amp; Orange White</div><div>Youth (10-11) Black Red &amp; Brown Blue &amp; Purple Green Yellow &amp; Orange White</div><div>Junior (16-17) Black Red &amp; Brown Blue &amp; Purple Green Yellow &amp; Orange White</div></div><div><div>Tots (6-7) Red &amp; Brown Blue &amp; Purple Green Yellow &amp; Orange White</div><div>Cadet (12-13) Black Red &amp; Brown Blue &amp; Purple Green Yellow &amp; Orange White</div><div>Women (18-29) Black Red &amp; Brown Blue &amp; Purple Green Yellow &amp; Orange White</div></div><div><div>Youth (8-9) Black Red &amp; Brown Blue &amp; Purple Green Yellow &amp; Orange White</div><div>Junior (14-15) Black Red &amp; Brown Blue &amp; Purple Green Yellow &amp; Orange White</div><div>Men (18-29) Black Red &amp; Brown Blue &amp; Purple Green Yellow &amp; Orange White</div></div><div><div>Senior Men (30-39) Black Red &amp; Brown Blue &amp; Purple Green Yellow &amp; Orange White</div><div>Senior Women (30-39) Black Red &amp; Brown Blue &amp; Purple Green Yellow &amp; Orange White</div><div>Executive Senior Men(40+), Women(40+) Black Red &amp; Brown Blue &amp; Purple Green Yellow &amp; Orange White</div></div></div> <div>Notes</div> <div><div>1. All Taekwondo forms are acceptable in form competition.</div><div>2. Forms and Fighting division may be combined with one rank/age higher or lower if there are less than 4 competitors in a division.</div><div>3. There will be maximum 4 competitors per division.</div><div>4. Fighting divisions will be divided by weight.</div><div>5. Special event materials must be provided by the competitors or may be purchased at the door.</div></div>			<div>SPECIAL EVENTS</div> <div><div>1. Hapkido</div><div>A. Self-Defense</div><div>B. Step Sparring</div><div>2. Breaking</div><div>A. Power</div><div>B. Technical</div><div>*No breaking glass or concrete, BOARDS ONLY.</div><div>**All boards may be purchased at the door.</div><div>**Please bring volunteer board holders</div><div>3. Poomsae (Forms)</div><div>A. Couples Poomsae</div><div>B. Creative Poomsae</div><div>C. Musical Poomsae</div><div>D. Team Forms (3 competitors or more)</div><div>E. Family Poomsae</div><div>4. Weapons</div><div>5. Double Roundhouse Bag Kicks</div><div>6. Para (Special Needs): Forms &amp; Special Events Only</div></div> <div>FOR MORE INFORMATION: GRANDMASTER WON’S TAEKWONDO 10801 S. Sunnyslane Rd. Oklahoma City, OK 73160 Tel: (405) 793-0752 Fax: (405) 794-0768 gmwons.com gmwons@gmail.com worldhanmookwan.org</div> <div>HOTEL ACCOMMODATIONS:</div> <div><div>La Quinta Inn &amp; Suites</div><div>2140 Riverwalk Dr.</div><div>Moore, OK 73160</div><div>(405) 378-4367</div><div>Double or king: \$95 + tax</div><div>Free Breakfast · Indoor Pool</div><div>Hot Tub · Free Wi-Fi</div></div>	<div>AWARDS:</div> <div>Kyorugi, Poomsae &amp; Special Events: 1st, 2nd, and two 3rd places receive beautiful, large medal.</div> <div>COMPETITION RULES:</div> <div>WT and USAT Junior Safety Rules. *Note* May allow light head contact if coaches agree.</div> <div>ELIMINATIONS:</div> <div>All belts 3 rounds (1 min. each). Winner of 2 out of 3 rounds is winner (as per new rules).</div> <div>SPECIAL TEAM AWARDS: (Pre-Registration REQUIRED)</div> <div>Top 5 schools with the most competitors (minimum 15 competitors) will receive a special team award.</div> <div>SPECIAL NOTICES:</div> <div><div>1. One free coach pass per school. \$35 fee for additional coaches (late fee at the door +\$20).</div><div>2. Lunch &amp; dinner will be provided to all Officials, Referees, and Volunteers.</div><div>3. Referees will receive a special award (please send name at least a week before the tournament).</div><div>4. Long-distance Master/Instructors will be reimbursed \$100 each night for hotel stay depending on number of competitors attending: 8+ competitors = 1 night 15+ competitors = 2 nights</div></div> <div>EQUIPMENT REQUIREMENTS:</div> <div><div>1. Fist, forearm, shin &amp; instep.</div><div>2. Protective cup (males)</div><div>3. Mouthpiece (all fighting competitors)</div><div>4. Chest protector and head gear</div><div>*5. All black belts ages 10 &amp; up</div><div>who are sparring must have</div><div>Daedo E-socks.</div></div> <div><div></div><div>Register now!</div></div>
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Register now!