



2021 Oklahoma State Taekwondo Championship



PRESENTED BY:
Oklahoma State Taekwondo Association

SPONSORED BY:
U.S. Central Taekwondo Association

TOURNAMENT DIRECTOR:
Great Grandmaster In Hui Won, President

ASSISTANT DIRECTORS:
Grand Master: John Carpenter

Tournament Coordinator:
Alicia Esparza

Equipment Coordinator:
Cody Roberts

LOCATION:
US Central Taekwondo Association Central Gym
10801 S. Sunnyslane Rd
Oklahoma City, OK 73160

DATE:
October 2, 2021

SCHEDULE:
7:00am – Badge Pickup Begins
7:00am to 9:00am Weigh In for 12+ Black Belts
8:30am to 12:00pm 4-9yrs All Events
9:30am – Black Belt age 10 - 17 Sparring Begins
12:00 to 1:00pm – Lunch
1:00pm – Color Belts Age 10+ All Events
1:00pm – Black Belt 18+ Sparring Begins
1:00pm – Black Belts 10+ Poomsae and Special Events

**Times are subjected to change by plus or minus one hour.

ENTRY FEE:
Pre-Registration received by: September 29, 2021
\$75.00 any one event
\$85.00 for any two events
\$25.00 for each additional event
No event day registration

SPECTATOR ADMISSION:
Free Admission

Division Information

Kyorugi Black Belt Division

Female
Cadet (12-14)
33kg and under
33kg – 41kg
Over 41kg – 47kg
Over 47kg – 55kg
Over 55kg+

Junior (15-17)
44kg and under
Over 44kg – 49kg
Over 49kg – 55kg
Over 55kg – 63kg
Over 63kg+

Senior (18-32)
49kg and under
Over 49kg – 57kg
Over 57kg – 67kg
Over 67kg+

Male
Cadet(12-14)
37kg and under
Over 37kg – 45kg
Over 45kg – 53kg
Over 53kg – 61kg
Over 61kg+

Junior (15-17)
48kg and under
Over 48kg – 55kg
Over 55kg – 63kg
Over 63kg – 73kg
Over 73kg

*Color Belt Rank Divisions

White Yellow Green Blue – Brown High Brown – Red

Kyorugi Male Cont.

Junior (15-17)
48kg and under
Over 48kg – 55kg
Over 55kg – 63kg
Over 63kg – 73kg
Over 73kg+

Senior (18-32)
58kg and under
Over 58kg – 68kg
Over 68kg – 80kg
Over 80kg+

Youth Black Belt Color Belt * Female & Male

Minnow (4-5)
Dragon (6-7)
Tiger (8-9)
Youth (10-11)
Cadet (12-14)
Junior (15-17)
Senior (18-32)
Over 30 (33+)

Poomsae All Belts Individual Female & Male

Under 5 (4-5)
Under 7 (6-7)
Under 9 (8-9)
Under 11 (10-11)
Cadet (12-14)
Junior (15-17)
Under 30 (18-30)
Over 30 (31-39)
Over 40 (40+)

Pairs Poomsae Female & Male

Cadet (12-14)
Junior (15-17)
Under 30 (18-30)
Over 30 (31+)

Team Poomsae Female & Male

Cadet (12-14)
Junior (15-17)
Under 30 (18-30)
Over 30 (31+)

Notes: Please read all notes

1. Gyms are to bring enough coaches for all competitors, if no coach is available, the event will continue without one.
2. Only official poomsae is accepted in state competition.
3. Black Belt divisions 12+ will perform two Poomsae.
4. Black belt 12+ sparring divisions will be divided by weight.
5. Color belt weight divisions will be divided into light, middle, and heavy.
6. Special event materials must be provided by the competitors or purchased at the door.

Special Events

1. Breaking

Scoring Criteria

- a. Difficulty of Technique will be based on the following order of superiority: hand technique standing kick technique, jump kick technique, kicking technique with spinning motion, jump kick with spinning motion, multiple breaking jump kick, multiple spinning jump kick.
- b. Difficulty of breaking will also be based on the number of boards
- c. Technique will be based on Accuracy, Speed, and Power
- d. The maximum time for breaking is 2 minutes. 1 minutes to setup and 1 minute to perform
- e. The maximum number of tries is 2 times

***No breaking glass or concrete, BOARDS ONLY.**
All boards may be purchased at the door. Please bring volunteer board holders

2. Poomsae (Forms)

- A. Pairs Poomsae (2 competitors)
- B. Team Forms (3+ competitors)

3. Weapons

4. Para Events:

- A. Poomsae
- B. Breaking

AWARDS:

All Events:
Ages 4 – 7 1st, 2nd, & 3rd place will receive a trophy
Ages 8+ 1st, 2nd, & 3rd places will receive a medal

COMPETITION RULES:

World Taekwondo Federation and USA Taekwondo
10 & Up Black Belt- Junior Safety Rules
12 & Up Color Belts- Junior Safety Rules

ELIMINATIONS:

All color belts, 2 rounds (1min. each)
11yrs. & under black belts, 2 rounds (1min. each)
Black belts 12yrs.& up, 2 rounds (1.5 min. each)

SPECIAL NOTICES:

1. Coach fees are \$35 per coach.
2. Referees who work all day will receive \$50 stipend, a t-shirt, and meal.

EQUIPMENT REQUIREMENTS:

1. Fist, forearm, shin & instep.
 2. Protective cup (males)
 3. Mouthpiece (all fighting competitors)
 4. Chest protector and head gear
 5. Ages 10-16 black belt will use gen 1 daedo gear
 6. Ages 17+ black belts will use gen 2 daedo gear
- *all equipment and boards may be purchased at the door excluding daedo gear.
All gear must be USA Taekwondo approved gear.

HOTEL ACCOMODATIONS:

Unfortunately we are unable to make event reservations due to the pandemic. All master, Insturctors, and Coaches will be responsible for their hotel accomodations. Thank you for your understanding.

FOR INFORMATION

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