

SCHEDULE OF EVENTS

8:00 – 10:00am – BLACK BELT TESTING 10:00 – REGISTRATION BEGINS

11:00am – POOMSAE AND KYORUGI (ages 4 – 11)

1:00 - LUNCH

2:00pm – SPECIAL EVENTS

3:00pm - POOMSAE AND KYORUGI (ages 12 and up)



PRESENTED BY:

U.S. CENTRAL TAEKWONDO ASSOCIATION GRAND MASTER WON'S TAEKWONDO

TOURNAMENT DIRECTOR:

GREAT GRANDMASTER IN HUI WON

LOCATION:

U.S. CENTRAL TAEKWONDO TRAINING CENTER 10801 S. SUNNYLANE RD OKLAHOMA CITY, OK 73160

DATE:

DECEMBER 7, 2019

ENTRY FEE:

PRE-REGISTRATION RECEIVED BY DECEMBER 4, 2019 \$65.00 FOR TWO EVENTS \$25.00 FOR EACH ADDITIONAL EVENT LATE FEE \$15.00 AT THE DOOR COACH PASSES ARE FREE

ADMISSION:

FREE!!!

FOR INFORMATION:

U.S. CENTRAL TAEKWONDO ASSOCATION 10801 S. SUNNYLANE RD OKLAHOMA CITY, OK 73160 TEL. (405)-793-0752 FAX. (405) 794-0768

E-mail: gmwons@gmail.com

www.gmwons.com



KYORUGI, POOMSAE, & SPECIAL EVENT DIVISIONS

RANK DIVIDED BY:	AGE DIVIDED BY:
BLACK BELT: 1^{ST} DAN	4-5
$2^{ m ND}~{ m DAN}$	6-7
$3^{ m RD}~{ m DAN}$	8-9
RED/ BROWN STRIPE BELT	10-11
BLUE / BROWN BELT	12-13
GREEN BELT	14-15
YELLOW BELT	16-17
WHITE BELT	18-29
	30 & UP

NOTE:

- 1. All divisions may be combined with one rank/age higher or lower if there less than 4 in division
- 2. All forms are acceptable in form competition
- 3. All divisions will be subdivided by four competitors
- 4. All black belt rank for kyorugi division will be combined.
- 5. Kyorugi divisions will be subdivided by boys and girls.

EVENTS

Poomsae, Team Poomsae, Couple Poomsae, Kyorugi, Breaking, Weapons, Double Roundhouses

*Competitors may bring own boards or purchase them at the location.



AWARDS

ALL EVENTS: 1^{ST} , 2^{ND} , 3^{RD} , & 4^{TH} PLACE TROPHIES MAXIMUM 4 COMPETITORS PER DIVISION

COMPETITION RULES:

WORLD TAEKWONDO FEDERATION & USA TAEKWONDO

ELIMINATIONS:

BLACK BELTS 10 & UP: 2 ROUNDS (1 minute 30 seconds per round) COLOR BELTS: 2 ROUNDS (1 minute per round)

EQUIPMENT REQUIREMENTS:

- 1. PROTECTIVE GEAR FOR FIST AND FOREARM, SHIN, AND INSTEP
- 2. PROTECTIVE CUP (MEN AND BOYS)
- 3. MOUTHPIECE (ALL FIGHTING COMPETITORS)
- 4. CHEST PROTECTORS AND HEADGEAR (AVALIABLE IF NEEDED) ALL EQUIPMENT MAY BE PURCHASED AT THE LOCATION

FOR INFORMATION:

U.S. CENTRAL TAEKWONDO ASSOCIATION 10801 S. SUNNYLANE RD OKAHOMA CITY, OK 73160 TEL. (405)-793-0752 FAX. (405)-794-0768

> E-mail: gmwons@gmail.com www.gmwons.com